

BLOOM

JUICES 6.50

COCONUT WATER IN SHELL.....5.00

GREEN COCONUT WATER IN SHELL Fresh coconut water & macro greens in shell

WHEAT GRASS SHOT 1OZ....2.00

APPLE & PINEAPPLE - Apple juice and pineapple

FOCUS - Beet, celery, apple juice, ginger, lemon

SKIN TONIC - Cucumber, parsley, grapes, msm

COOLER - Carrot, pineapple, orange juice

CLEANSER - Apple, lemon, spinach, ginger

GARDEN PATCH - Carrot, spinach, celery, parsley

ZIPPY TOMATO - Beet, tomato, celery, ginger, cayenne pepper

SWEET & SPICY - Spinach, celery, apple juice, lime, coriander

A.B.C - Apple, beet, carrot

GINGER PUNCH - Carrot, apple, ginger

MOTHER HEARTH - Apple, celery, kale, lemon, ginger

DIGESTIVE STIMULATOR - Fennel, celery, apple, mint, ginger

BIO ACTIVE IRON - Cucumber, carrot, spinach, parsley, beet

FRESH SQUEEZED LEMONADE...3.25

MINT LEMONADE...3.50

STRAWBERRY LEMONADE...3.50



SMOOTHIES 6.50

FOREST - Acai, banana, mixed berries, orange juice

BERRY GOOD - Mixed berries, orange juice, mango

COCO- CABANA - Mango, pineapple, unsweetened coconut milk, yoghurt, dates

JUMP START - Goji berries, raw cacao, hemp, coconut water

JAVA JOLT - Espresso, soy milk, raw cacao, agave

BLOOM BLIZZARD - Raw cacao, coconut water, agave

GREEN FLAME - Orange juice, mango, banana, spirulina, bee pollen

FOREVER YOUNG - Beet, celery, kale, lemon, avocado

SUN POWER - Soy milk, hemp protein, agave syrup, banana, lecithine

SOB - Strawberry, orange, banana

FUNKY MONKEY - Banana, mango, unsweetened coconut milk

TROPICAL TRIO - Orange juice, mango, papaya, pineapple

JAMAICAN PARADISE - Unsweetened coconut milk, bananas, blueberries, dates



LIQUID MEALS 7.00

MONKEY NUT

Almond milk, vegan protein powder, mixed nuts, banana, dates, yoghurt

RAW MEAL

Complete raw and vegan meal formula, wheat grass with choice of soy, almond milk or apple juice

PROTEIN UP

Vegan protein powder, hemp protein, low fat milk, fresh strawberries, bio yoghurt, bee pollen

GROOVY GREEN GOAT

A "groovy" combination of goat mineral whey, hemp, spirulina, ayurvedic herbs and antioxidants. Blended with almond milk and banana. Will nourish your body from the inside out